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| DISH | DAIRY | FISH | TREE NUTS | SEEDS | EGGS | SOY | SESAME | VEGAN | GARLIC |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BOWLS AND PLATES |  |  |  |  |  |  |  |  |  |
| G-Polte Taco Crunch Bowl | Choose No Cheese |  |  | x |  | x |  | Choose Mushroom Carnitas, No Cheese | x |
| The goop Teriyaki Bowl* |  | $\begin{array}{\|l\|l\|} \hline \text { When miso salmon is } \\ \text { slected } \end{array}$ |  | x |  | x | x | Choose Tofu | X |
| Mediterranean Goddess Bowl | $\begin{array}{\|c\|c\|} \hline \begin{array}{c} \text { Choose no Soccata \& no } \\ \text { Feta } \end{array} \\ \hline \end{array}$ |  |  |  |  | ${ }^{\text {* When Salsa Verde is }}$ selected |  |  | x |
| The Hollywood Protein Bowl* | Choose no Soccata | Choose no Salmon | Choose No Superseed | x | x | x | x |  | x |
| Spring Salmon Bowl* |  | x | Choose No Superseed | Choose No Superseed |  | $\times$ | Choose No Superseed |  | x |
| SALADS |  |  |  |  |  |  |  |  |  |
| Little Gem Caesar Salad | $\begin{aligned} & \text { In parmesean and Spicy } \\ & \text { Calabrian Caesar Dressing } \end{aligned}$ |  |  |  |  | In Ranch dressing option |  | Remove parmesan and select caesar dressing. (spicy caesar contains dairy) | $\times$ |
| The Greenest Green Salad |  |  | $\left\lvert\, \begin{gathered} \text { In the crunchies served on } \\ \text { the side } \end{gathered}\right.$ | In the crunchies served on the side and Chickpeas and Pesto |  |  | In the crunchies served on the side | $x$ | Choose remove chickpeas Also in the crunchinies on the side |
| GP's Classic-ish Cobb* | Choose No Blue Cheese |  |  |  | Choose Remove Egg |  |  |  | Remove Tomatoes |
| Everyday Kale and Brussels Salad | Choose No Cheese |  |  | $\begin{gathered} \text { In the crunchies served on } \\ \text { the side } \end{gathered}$ |  |  |  | Choose No Cheese | $\begin{gathered} \hline \begin{array}{c} \text { In the crunchies served on } \\ \text { the side } \end{array} \\ \hline \end{gathered}$ |
| Spring Roll Salad |  |  | x | x |  | x | x |  | x |
| Seasonal Chopped Salad | Choose No Cheese |  | Choose No Almonds |  |  | In Ranchdressing option |  | Choose No Cheese | $\begin{gathered} \text { In the crunchies served on } \\ \text { the side } \end{gathered}$ |
| Brentwood Chinese Chicken Salad |  |  | $\begin{gathered} \text { In the crunchies served on } \\ \text { the side } \end{gathered}$ | $\times$ |  | $\times$ | $\times$ |  | x |
| The BEST Arugula Salad | Choose No Parmesan |  |  |  |  |  |  | Choose No Parmesan | $\begin{aligned} & \text { Crispy Shallots/capers on } \\ & \text { side } \end{aligned}$ |
| Not So Simple Salad |  |  |  |  |  |  |  | x | Remove Tomatoes |
| Smokeshow Salmon Salad |  | x |  |  | Choose Remove Egg |  |  |  | x |
| HANDHELDS |  |  |  |  |  |  |  |  |  |
| Turkey Thai Lettuce Wraps |  |  | X | x |  | x | x |  | x |
| Tofu Thai Lettuce Wraps |  |  | x | x |  | x | x | x | x |
| Summer Salad Rolls |  |  | x | x |  | x | x | x | x |
| Chicken Salad Lunchbox |  |  | x | x |  | $\times$ | x |  | x |
| Curry Chicken Salad Summer Rolls |  |  |  |  |  |  |  |  | X |
| The Nosh Box |  |  |  | In Hummus Option |  | In GCC Ranch option | In Hummus Option | x | x |


|  |  |  |
| :---: | :---: | :---: |
| Greener On The Other Side Soup |  |  |
| Japanese Sweet Potato Soup |  |  |
| Turmeric Spiced Chicken Bone Broth |  |  |
| Not So Simple Salad |  |  |
| The BEST Arugula Salad | c |  |
| Everyday Kale and Brussels Salad |  |  |
| Little Gem Caesar Salad | Re <br> Dr |  |


| DESSERTS |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Coco Chocolate Chip Cookies |  |  | x |  |  |  |  | x |  |
| Dark Chocolate \& Sea Salt Brownies |  |  | x |  | x |  |  |  |  |
| DRESSINGS |  |  |  |  |  |  |  |  |  |
| GCC Dijon Mustard Vinaigrette |  |  |  |  |  |  |  | x |  |
| GCC Cashew Vinaigrette |  |  | x | x |  | x | x | x | x |
| GCC Carrot-Ginger Vinaigrette |  |  |  | x |  | x | x | Contains Honey | X |
| GCC Miso Vinaigrette |  |  |  | x |  | x | x | x | x |
| GCC Ranch Dressing |  |  |  |  |  | x |  | x | x |
| GCC Maple Mustard Vinaigrette |  |  |  |  |  |  |  | x |  |
| Spicy Calabrian Caesar Dressing | x |  |  |  |  |  |  |  | x |
| GCC Caesar Dressing |  |  |  |  |  |  |  | x | x |
| GCC Greek Goddess Dressing |  |  | Contains Coconut |  |  |  |  | x | x |
| GCC Lemon Vinaigrette |  |  |  |  |  |  |  | x |  |
| GCC Red Wine Vinaigrette |  |  |  |  |  |  |  | x | $x$ |
| GCC Herby Mustard Vinaigrette |  |  |  |  |  |  |  | x | x |
| GCC Apple Cider Viniagrette |  |  |  |  |  |  |  | x |  |
| SAUCES |  |  |  |  |  |  |  |  |  |
| GCC Teriyaki Sauce |  |  |  | x |  | x | x | x | x |
| GCC Arbol-Amarillo Salsa (IYKYK) |  |  |  | x |  |  | x | x | $x$ |
| GCC Shallot-Garlic Chili Crunch Oil |  |  |  | x |  |  | x | x | x |
| GCC Salsa Verde |  |  |  |  |  | $\times$ |  | x | $x$ |
| GCC Pineapple Mango Chutney |  |  |  |  |  |  |  |  | x |
| GCC BBQ Sauce |  |  |  |  |  | x |  | x | x |
| GCC Chimichurri |  |  |  |  |  |  |  | x | x |
| GCC Buffalo Sauce |  |  |  | x |  | x | X | x | x |
| GCC Garlic Aioli |  |  |  |  |  |  |  | x | x |
| GCC Herby Aioli (GCC Tartar Sauce) |  |  |  |  |  |  |  | x | X |
| A LA CARTE PROTEINS AND SIDES |  |  |  |  |  |  |  |  |  |
| Hand-Pulled Organic Chicken |  |  |  |  |  |  |  |  | x |
| Smoked Salmon |  | x |  |  |  |  |  |  |  |
| Herb-Roasted Salmon* |  | x |  |  |  |  |  |  | x |

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| BBQ-Glazed Tofu |  |  |  | x |  | x | x | x | x |
| GP's Soccata | x |  |  |  |  |  |  |  | x |
| Mushroom Carnitas |  |  |  |  |  |  |  | x | $\times$ |
| 7-Minute Egg* |  |  |  |  | $\times$ |  |  |  |  |
| Half an Avocado |  |  |  |  |  |  |  | x |  |
| Classic Chicken Salad |  |  |  |  |  |  |  |  | x |
| Curry Chicken Salad |  |  |  |  |  |  |  |  | x |
| Seeded Crackers |  |  | x | x |  |  | x | x | x |
| Super Secret Pizza Seasonings | x |  |  |  |  |  |  |  |  |
| ROTISSERIE A LA CARTE MAINS |  |  |  |  |  |  |  |  |  |
| Rotisserie Chicken |  |  |  |  |  |  |  |  |  |
| Herb Roasted Salmon |  | x |  |  |  |  |  |  | x |
| Whole Roasted Cauliflower |  |  |  |  |  |  |  | x | x |


| ROTISSERIE SIDES |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Green Beans and Carmelized Shallots |  |  |  |  |  |  | x |  |
| Simple Garlic Broccoli |  |  |  |  |  |  | x | $x$ |
| Garlic and Herb Rice Pilaf | $x$ |  |  |  |  |  |  | $x$ |
| Olive Oil Garlic Mashed Potatoes | x |  |  |  |  |  |  | x |
| Creamy Cheddar Mac-n-Cheese | x |  |  |  |  |  |  |  |
| Smashed Fingerling Potatoes |  |  |  |  | In Salsa Verde |  | x | In Salsa verde |
| Curry Potato Salad |  |  |  |  |  |  | x |  |
| Greek Style Beet Salad | $\begin{gathered} \text { Feta \& Seasoning contains } \\ \text { Dairy } \end{gathered}$ |  |  |  |  |  |  | x |
| Mighty Greens |  |  |  |  |  |  | x | x |
| GP's Soccata | x |  |  |  |  |  |  | x |
| Garlic Roasted Japanese Sweet Potatoes |  | $\begin{gathered} \text { InGCC Cashew } \\ \text { Vinaigrette } \end{gathered}$ | In GCC Cashew Vinaigrette |  |  | In GCC Cashew Vinaigrette | x | x |
| Maple Glazed Carrots | Choose No Feta | x | x |  |  |  | Contains Honey |  |
| PIZZAS |  |  |  |  |  |  |  |  |
| Pepperoni Potts | Choose No Cheese |  |  |  |  |  |  | x |
| One Potato, Two Potato | x |  |  |  |  |  |  | x |
| The Hott Italian | x |  |  |  |  |  |  | x |
| Shroom Shroom | x |  |  |  |  |  |  | x |
| Queen Margherita | $\times$ |  |  |  |  |  |  | x |
| The Naked Pie |  |  |  |  |  |  | x | x |
| The Great Bambino | Choose No Chese |  |  |  |  |  |  | x |
| Cheese \& Thank You | x |  |  |  |  |  |  | x |
| Mosey's BBQ Chicken Pizza | Choose No Cheese |  |  |  |  |  | $\begin{aligned} & \text { Choose BBQ Mushrooms \& } \\ & \text { NoChesese } \end{aligned}$ | x |
| Field of Greens | x |  |  |  |  |  |  | x |
| PASTAS |  |  |  |  |  |  |  |  |
| GP'S Turkey Bolognese | Choose no Parmesan |  |  |  |  |  |  | x |
| Classic Spaghetti with Tomato and Basil | Choose no Parmesan |  |  |  |  |  | Choose No Parmesan | x |
| Pesto Pasta |  |  | x |  |  |  | x | x |
| Penne, No Vodka | x |  |  |  |  |  |  | x |
| SUPERFINA SIDES |  |  |  |  |  |  |  |  |
| Turkey Meatballs | x |  |  | x |  |  |  | x |
| Super Secret Pizza Seasoning | x |  |  |  |  |  |  |  |

