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| DISH | DAIRY | FISH | TREE NUTS | SEEDS | EGGS | SOY | SESAME | VEGAN | GARLIC |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BOWLS AND PLATES |  |  |  |  |  |  |  |  |  |
| Mushroom Carnitas Bowl |  |  |  | x |  | x | In the Arbol Amarillo Sauce | x | x |
| The goop Teriyaki Bowl |  | *When miso salmon is slected |  | x |  | x | x | Choose Tofu | x |
| BBQ Chipotle Chicken Plate |  |  |  | x |  | x | In the Arbol Amarillo Sauce | Choose Mushrooms | x |
| The Hollywood Bowl* | Choose no Soccata | Choose no Salmon | Choose No Superseed | x | x | x | x |  | x |
| Winter Salmon Bowl * |  | x | Choose No Superseed | Choose No Superseed |  | x | Choose No Superseed |  | x |
| SALADS |  |  |  |  |  |  |  |  |  |
| Little Gem Caesar Salad | In Parmesean and Spicy Calabrian Caesar Dressing |  |  |  |  | In Ranch dressing option |  | Remove Parmesan and Select Non Dairy Caesar Dressing. (Spicy Caes contains Daing) contains Dairy | x |
| The Greenest Green Salad |  |  | In the crunchies served on the side | $\begin{array}{\|c} \hline \begin{array}{l} \text { In the crunchies served on } \\ \text { the side and Chickpeas and } \\ \text { Pesto } \end{array} \\ \hline \end{array}$ |  |  | In the crunchies served on | x | Choose remove chickpeas. Also in the crunchies on the side |
| GP's Classic-ish Cobb* | Choose No Bue Cheese |  |  |  | Remove Egg |  |  |  | Remove Tomatoes |
| Everyday Kale and Brussels Salad | Choose No Cheese |  |  | $\begin{array}{\|c\|} \hline \begin{array}{c} \text { In the crunchies served on } \\ \text { the side } \end{array} \\ \hline \end{array}$ |  |  |  | Choose No Cheese | $\begin{array}{\|c\|} \hline \begin{array}{c} \text { In the crunchies served on } \\ \text { the side } \end{array} \\ \hline \end{array}$ |
| Spring Roll Salad |  |  | $\times$ | $\times$ |  | x | $\times$ |  | x |
| Winter Harvest Chopped Salad | Choose No Cheese |  | Choose Remove Almonds |  |  | In Ranch dressing option |  | Choose No Cheese | $\begin{gathered} \text { In the crunchies served on } \\ \text { the side } \\ \hline \end{gathered}$ |
| Brentwood Chinese Chicken Salad |  |  | $\begin{array}{\|c} \hline \begin{array}{c} \text { In the crunchies served on } \\ \text { the side } \end{array} \\ \hline \end{array}$ | x |  | x | x |  | x |
| The BEST Arugula Salad | Choose No Parmesan |  |  |  |  |  |  | Choose No Parmesan | $\begin{aligned} & \text { Crispy Shallotos/capers on } \\ & \text { side } \end{aligned}$ |
| Not So Simple Salad |  |  |  |  |  |  |  | x | Remove Tomatoes |
| Miso Salmon Salad* |  | x |  | x | x | $\times$ | x |  | x |


| Turkey Thai Lettuce Wraps |  |
| :---: | :---: |
| Tofu Thai Lettuce Wraps |  |
| Summer Salad Rolls |  |
| Chicken Salad Lunchbox |  |
| Curry Chicken Salad Summer Rolls |  |
| The Nosh Box |  |
|  |  |


| Greener On The Other Side Soup |
| :---: |
| Japanese Sweet Potato Soup |
| Turmeric Spiced Chicken Bone Broth |
| Not So Simple Salad |
| The BEST Arugula Salad |
| Everyday Kale and Brussels Salad |
| Little Gem Caesar Salad |


| SOUPS AND SIDE SALADS |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| Choose No Parmesan |  |  |  |  |  |
| Choose No Cheese |  |  |  |  |  |
| Remove Parmesan <br> and Choose GCC <br> Caesar Dressing. <br> (Spicy Caesar <br> contains Dairy) |  |  | In the crunchies <br> served on the side |  |  |


|  |  | x | x |
| :---: | :---: | :---: | :---: |
|  |  | x | x |
|  |  | x | Remove Tomatoes |
|  |  | Choose No Parmesan | Crispy <br> Shallots/capers on <br> side |
| In GcC Ranch <br> Dressing Option |  | Choose No Cheese | Inthe crunchies <br> served on the side |


| DESSERTS |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Coco Chocolate Chip Cookies |  | x |  |  |  |  | x |  |
| Dark Chocolate \& Sea Salt Brownies |  | x |  | x |  |  |  |  |
| Maple Pumpkin Bread |  |  | x | x |  |  |  |  |
| Matcha Chia Pudding |  | x | x |  |  |  | x |  |
| DRESSINGS |  |  |  |  |  |  |  |  |
| GCC Dijon Mustard Vinaigrette |  |  |  |  |  |  | x |  |
| GCC Cashew Vinaigrette |  | x | x |  | x | x | x | x |
| GCC Carrot-Ginger Vinaigrette |  |  | x |  | x | x | Contains Honey | x |
| GCC Miso Vinaigrette |  |  | x |  | x | x | $x$ | x |
| GCC Ranch Dressing |  |  |  |  | x |  | x | x |
| GCC Maple Mustard Vinaigrette |  |  |  |  |  |  | x |  |
| Spicy Calabrian Caesar Dressing | x |  |  |  |  |  |  | x |
| GCC Caesar Dressing |  |  |  |  |  |  | x | x |
| GCC Lemon Vinaigrette |  |  |  |  |  |  | x |  |
| GCC Red Wine Vinaigrette |  |  |  |  |  |  | x | x |
| GCC Apple Cider Viniagrette |  |  |  |  |  |  | x |  |
| SAUCES |  |  |  |  |  |  |  |  |
| GCC Teriyaki Sauce |  |  | x |  | X | x | x | x |
| GCC Arbol-Amarillo Salsa (IYKYK) |  |  | x |  |  | x | x | x |
| Lime Crema |  |  |  |  | x |  | x |  |
| GCC Shallot-Garlic Chili Crunch Oil |  |  | x |  |  | x | x | x |
| Salsa Verde |  |  |  |  | x |  | $\times$ | x |
| GCC Pineapple Mango Chutney |  |  |  |  |  |  |  | x |
| GCC BBQ Sauce |  |  |  |  | x |  | x | x |
| GCC Chimichurri |  |  |  |  |  |  | x | X |
| GCC Buffalo Sauce |  |  | x |  | x | x | x | X |
| GCC Garlic Aioli |  |  |  |  |  |  | x | X |
| Herby Aioli (GCC Tartar Sauce) |  |  |  |  |  |  | x | X |

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| Hand-Pulled Mary's Organic Chicken |  |  |  |  |  |  |  |  | x |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Miso-Glazed Salmon* |  | x |  | x |  | x | x |  | x |
| Herb-Roasted Salmon* |  | $\times$ |  |  |  |  |  |  | x |
| BBQ-Glazed Tofu |  |  |  | x |  | x | x | x | x |
| GP's Soccata | x |  |  |  |  |  |  |  | x |
| Mushroom Carnitas |  |  |  |  |  |  |  | x | x |
| 7-Minute Egg* |  |  |  |  | x |  |  |  |  |
| Half an Avocado |  |  |  |  |  |  |  | x |  |
| Japchae Noodles |  |  |  | x |  | x | x | x | x |
| Classic Chicken Salad |  |  |  |  |  |  |  |  | x |
| Curry Chicken Salad |  |  |  |  |  |  |  |  | x |
| Seeded Crackers |  |  | $\times$ | x |  |  | x | x | $\times$ |
| Super Secret Pizza Seasonings | x |  |  |  |  |  |  |  |  |
| ROTISSERIE A LA CARTE MAINS |  |  |  |  |  |  |  |  |  |
| Rotisserie Chicken |  |  |  |  |  |  |  |  |  |
| Herb Roasted Salmon |  | $\times$ |  |  |  |  |  |  | x |
| Whole Roasted Cauliflower |  |  |  |  |  |  |  | x | x |
| CLASSIC ROTISSERIE SIDES |  |  |  |  |  |  |  |  |  |
| Green Beans and Carmelized Shallots |  |  |  |  |  |  |  | x |  |
| Simple Garlic Broccoli |  |  |  |  |  |  |  | $\times$ | x |
| Garlic and Herb Rice Pilaf | $x$ |  |  |  |  |  |  |  | x |
| Olive Oil Garlic Mashed Potatoes | x |  |  |  |  |  |  |  | x |
| Creamy Cheddar Mac-n-Cheese | $\times$ |  |  |  |  |  |  |  |  |
| Smashed Fingerling Potatoes |  |  |  |  |  | In Salsa Verde |  | x | In Salsa verde |
| SEASONAL ROTISSERIE SIDES |  |  |  |  |  |  |  |  |  |
| Greek Style Beet Salad | Feta \& Seasoning contains Dairy |  |  |  |  |  |  |  | x |
| Honey Glazed Winter Squash | x |  |  | $\times$ |  |  |  | Contains Honey | x |
| Mighty Greens |  |  |  |  |  |  |  | $\times$ | $\times$ |
| GP's Soccata | x |  |  |  |  |  |  |  | $\times$ |
| Garlic Roasted Japanese Sweet Potatoes |  |  | $\begin{gathered} \hline \text { In GCC Cashew } \\ \text { Vinaigrette } \end{gathered}$ | In GCC Cashew Vinaigrette |  |  | $\begin{gathered} \hline \text { In GCC Cashew } \\ \text { Vinaigrette } \end{gathered}$ | x | x |
| Maple Glazed Carrots | Choose No Feta |  | $\times$ | x |  |  |  | Contains Honey |  |
| PIZZAS |  |  |  |  |  |  |  |  |  |
| Pepperoni Potts | Choose No Cheese |  |  |  |  |  |  |  | x |
| The Winter Classic | x |  |  |  |  |  |  |  | x |
| The Hott Italian | x |  |  |  |  |  |  |  | x |
| Shroom Shroom | x |  |  |  |  |  |  |  | x |
| Queen Margherita | $\times$ |  |  |  |  |  |  |  | x |
| Pizza Bianca | x |  |  |  |  |  |  |  | $\times$ |
| The Naked Pie |  |  |  |  |  |  |  | $\times$ | $\times$ |
| The Great Bambino | Choose No Cheese |  |  |  |  |  |  |  | x |
| Cheese \& Thank You | x |  |  |  |  |  |  |  | x |
| Mosey's BBQ Chicken Pizza | Choose No Cheese |  |  |  |  |  |  | $\begin{gathered} \text { Choose BBQ } \\ \text { Mushrooms \& No } \\ \text { Cheese } \\ \hline \end{gathered}$ | x |
| Field of Greens | x |  |  |  |  |  |  |  | x |
| PASTAS |  |  |  |  |  |  |  |  |  |
| GP'S Turkey Bolognese | Choose no Parmesan |  |  |  |  |  |  |  | x |
| Classic Spaghetti with Tomato and Basil | Choose no Parmesan |  |  |  |  |  |  | Choose No Parmesan | $\times$ |
| Pesto Pasta |  |  |  | x |  |  |  | $\times$ | $\times$ |
| Penne, No Vodka | x |  |  |  |  |  |  |  | x |
| SUPERFINA SIDES |  |  |  |  |  |  |  |  |  |
| Turkey Meatballs | x |  |  |  | x |  |  |  | x |
| Super Secret Pizza Seasoning | x |  |  |  |  |  |  |  |  |

