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| DISH | DAIRY | FISH | TREE NUTS | SEEDS | EGGS | SOY | SESAME | VEGAN | GARLIC |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BOWLS AND PLATES |  |  |  |  |  |  |  |  |  |
| Mushroom Carnitas Bowl |  |  |  | X |  | X | In the Arbol Amarillo Sauce | X | X |
| The goop Teriyaki Bowl |  | *When miso salmon is slected |  | X |  | X | X | Choose Tofu | X |
| BBQ Chipotle Chicken Plate |  |  |  | X |  | X | In the Arbol Amarillo Sauce | Choose Mushrooms | X |
| The Detox Hollywood Bowl* |  | Choose no Salmon | Choose No Superseed | X |  | X | X |  | X |
| The Hollywood Bowl* | Choose no Soccata | Choose no Salmon | Choose No Superseed | X | X | X | X |  | X |
| Winter Salmon Bowl * |  | X | Choose No Superseed | Choose No Superseed |  | X | Choose No Superseed |  | X |
| SALADS |  |  |  |  |  |  |  |  |  |
| Little Gem Caesar Salad | In Parmesean and Spicy Calabrian Caesar Dressing |  |  |  |  | In Ranch dressing option |  | Remove Parmesan <br> and Select Non <br> Dairy Caesar <br> Dressing. (Spicy <br> Caesar contains <br> Dairy) | X |
| The Greenest Green Salad |  |  | In the crunchies served on the side | In the crunchies served on the side and Chickpeas and Pesto |  |  | In the crunchies served on the side | X | Choose remove chickpeas. Also in the crunchies on the side |
| GP's Classic-ish Cobb* | Choose No Blue Cheese |  |  |  | Remove Egg |  |  |  | Remove <br> Tomatoes |
| Everyday Kale and Brussels Salad | Choose No Cheese |  |  | In the crunchies served on the side |  |  |  | Choose No Cheese | In the crunchies served on the side |
| Spring Roll Salad |  |  | X | X |  | X | X |  | X |
| Winter Harvest Chopped Salad | Choose No Cheese |  | Choose Remove Almonds |  |  | In Ranch dressing option |  | Choose No Cheese | In the crunchies served on the side |
| Brentwood Chinese Chicken Salad |  |  | In the crunchies served on the side | X |  | X | X |  | X |
| The BEST Arugula Salad | Choose No Parmesan |  |  |  |  |  |  | Choose No Parmesan | Crispy Shallots/capers on side |
| Not So Simple Salad |  |  |  |  |  |  |  | X | Remove Tomatoes |
| Miso Salmon Salad* |  | X |  | X | X | X | X |  | X |


| HANDHELDS |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Turkey Thai Lettuce Wraps | X | X | X | X |  | X |
| Tofu Thai Lettuce Wraps | X | X | X | X | X | X |
| Summer Salad Rolls | X | X | X | X | X | X |
| Chicken Salad Lunchbox | X | X | X | X |  | X |
| Curry Chicken Salad Summer Rolls |  |  |  |  |  | X |


|  | SOUPS AND SIDE SALADS |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Greener On The Other Side Soup |  |  |  |  |
| Japanese Sweet Potato Soup |  |  |  |  |
| Turmeric Spiced Chicken Bone Broth |  |  |  |  |
| Not So Simple Salad |  |  |  |  |
| The BEST Arugula Salad | Choose No Parmesan |  |  |  |
| Everyday Kale and Brussels Salad | Choose No Cheese |  | In the crunchies served on the side |  |
| Little Gem Caesar Salad | Remove Parmesan and Choose GCC Caesar Dressing. (Spicy Caesar contains Dairy) |  |  |  |


|  |  | X | X |
| :---: | :---: | :---: | :---: |
|  |  | X | X |
|  |  | X | Remove <br> Tomatoes |
| In GCC Ranch <br> Dressing Option |  | Choose No <br> Parmesan | Crispy <br> Shallots/capers <br> on side |
|  |  | Choose No <br> Cheese | In the crunchies <br> served on the side |


| DESSERTS |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Coco Chocolate Chip Cookies |  | X |  |  |  |  | X |  |
| Dark Chocolate \& Sea Salt Brownies |  | X |  | X |  |  |  |  |
| Maple Pumpkin Bread |  |  | X | X |  |  |  |  |
| Matcha Chia Pudding |  | X | X |  |  |  | X |  |
| DRESSINGS |  |  |  |  |  |  |  |  |
| GCC Dijon Mustard Vinaigrette |  |  |  |  |  |  | X |  |
| GCC Cashew Vinaigrette |  | X | X |  | $X$ | X | X | X |
| GCC Carrot-Ginger Vinaigrette |  |  | X |  | X | X | Contains Honey | X |
| GCC Miso Vinaigrette |  |  | X |  | X | X | X | X |
| GCC Ranch Dressing |  |  |  |  | X |  | X | X |
| GCC Maple Mustard Vinaigrette |  |  |  |  |  |  | X |  |
| Spicy Calabrian Caesar Dressing | X |  |  |  |  |  |  | X |
| GCC Caesar Dressing |  |  |  |  |  |  | X | X |
| GCC Lemon Vinaigrette |  |  |  |  |  |  | X |  |
| GCC Red Wine Vinaigrette |  |  |  |  |  |  | X | X |
| GCC Apple Cider Viniagrette |  |  |  |  |  |  | X |  |
| SAUCES |  |  |  |  |  |  |  |  |

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| GCC Teriyaki Sauce |  |  |  | X |  | X | X | X | X |
| GCC Arbol-Amarillo Salsa (IYKYK) |  |  |  | X |  |  | X | X | X |
| Lime Crema |  |  |  |  |  | X |  | X |  |
| GCC Shallot-Garlic Chili Crunch Oil |  |  |  | X |  |  | X | X | X |
| Salsa Verde |  |  |  |  |  | X |  | X | X |
| GCC Pineapple Mango Chutney |  |  |  |  |  |  |  |  | X |
| GCC BBQ Sauce |  |  |  |  |  | X |  | X | X |
| GCC Chimichurri |  |  |  |  |  |  |  | X | X |
| GCC Buffalo Sauce |  |  |  | X |  | X | X | X | X |
| GCC Garlic Aioli |  |  |  |  |  |  |  | X | X |
| Herby Aioli (GCC Tartar Sauce) |  |  |  |  |  |  |  | X | X |
| A LA CARTE PROTEINS AND SIDES |  |  |  |  |  |  |  |  |  |
| The Nosh Box |  |  |  | In Hummus Option |  | In GCC Ranch option | In Hummus Option | X | X |
| Hand-Pulled Mary's Organic Chicken |  |  |  |  |  |  |  |  | X |
| Miso-Glazed Salmon* |  | X |  | X |  | X | X |  | X |
| Herb-Roasted Salmon* |  | X |  |  |  |  |  |  | X |
| BBQ-Glazed Tofu |  |  |  | X |  | X | X | X | X |
| GP's Soccata | X |  |  |  |  |  |  |  | X |
| Mushroom Carnitas |  |  |  |  |  |  |  | X | X |
| 7-Minute Egg* |  |  |  |  | X |  |  |  |  |
| Half an Avocado |  |  |  |  |  |  |  | X |  |
| Japchae Noodles |  |  |  | X |  | X | X | X | X |
| Classic Chicken Salad |  |  |  |  |  |  |  |  | X |
| Curry Chicken Salad |  |  |  |  |  |  |  |  | X |
| Seeded Crackers |  |  | X | X |  |  | X | X | X |
| Super Secret Pizza Seasonings | X |  |  |  |  |  |  |  |  |
| ROTISSERIE A LA CARTE MAINS |  |  |  |  |  |  |  |  |  |
| Rotisserie Chicken |  |  |  |  |  |  |  |  |  |
| Herb Roasted Salmon |  | X |  |  |  |  |  |  | X |
| Whole Roasted Cauliflower |  |  |  |  |  |  |  | X | X |


| CLASSIC ROTISSERIE SIDES |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Green Beans and Carmelized Shallots |  |  |  |  |  | X |  |
| Simple Garlic Broccoli |  |  |  |  |  | X | X |
| Garlic and Herb Rice Pilaf | X |  |  |  |  |  | X |
| Olive Oil Garlic Mashed Potatoes | X |  |  |  |  |  | X |
| Creamy Cheddar Mac-n-Cheese | X |  |  |  |  |  |  |
| Smashed Fingerling Potatoes |  |  |  | In Salsa Verde |  | X | In Salsa verde |
| SEASONAL ROTISSERIE SIDES |  |  |  |  |  |  |  |
| Greek Style Beet Salad | Feta \& Seasoning contains Dairy |  |  |  |  |  | X |
| Honey Glazed Winter Squash | X |  | X |  |  | Contains Honey | X |
| Mighty Greens |  |  |  |  |  | X | X |
| GP's Soccata | X |  |  |  |  |  | X |
| Garlic Roasted Japanese Sweet Potatoes |  | $\begin{gathered} \text { In GCC Cashew } \\ \text { Vinaigrette } \\ \hline \end{gathered}$ | In GCC Cashew Vinaigrette |  | $\begin{gathered} \text { In GCC Cashew } \\ \text { Vinaigrette } \\ \hline \end{gathered}$ | X | X |
| Maple Glazed Carrots | Choose No Feta | X | X |  |  | Contains Honey |  |
| PIZZAS |  |  |  |  |  |  |  |
| Pepperoni Potts | Choose No Cheese |  |  |  |  |  | X |
| The Winter Classic | X |  |  |  |  |  | X |
| The Hott Italian | X |  |  |  |  |  | X |
| Shroom Shroom | X |  |  |  |  |  | X |
| Queen Margherita | X |  |  |  |  |  | X |
| Pizza Bianca | X |  |  |  |  |  | X |
| The Naked Pie |  |  |  |  |  | X | X |
| The Great Bambino | $\begin{gathered} \text { Choose No } \\ \text { Cheese } \end{gathered}$ |  |  |  |  |  | X |
| Cheese \& Thank You | X |  |  |  |  |  | X |
| Mosey's BBQ Chicken Pizza | Choose No Cheese |  |  |  |  | Choose BBQ Mushrooms \& No Cheese | X |
| Field of Greens | X |  |  |  |  |  | X |
| PASTAS |  |  |  |  |  |  |  |
| GP'S Turkey Bolognese | Choose no Parmesan |  |  |  |  |  | X |

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| DISH | DAIRY | FISH | TREE NUTS | SEEDS | EGGS | SOY | SESAME | VEGAN | GARLIC |
| Classic Spaghetti with Tomato and Basil | Choose no Parmesan |  |  |  |  |  |  | Choose No Parmesan | X |
| Pesto Pasta |  |  |  | X |  |  |  | X | X |
| Penne, No Vodka | X |  |  |  |  |  |  |  | X |
| SUPERFINA SIDES |  |  |  |  |  |  |  |  |  |
| Turkey Meatballs | X |  |  |  | X |  |  |  | X |
| Super Secret Pizza Seasoning | X |  |  |  |  |  |  |  |  |

